

Excerpt

Developed by experts and informed by research with Australian schools

To help support our youth, Macquarie University has been commissioned by the Australian Government to deliver a digital check-in tool designed to better understand the mental health and wellbeing of students.

Internationally renowned Professor Ron Rapee AO, Dr Lauren McLellan and their team at Macquarie University have led the design and build of the new check-in tool called My Mind Check.

The team have based My Mind Check on their own* and published clinical research*** including extensive collaboration across education sectors and engagement with Australian states, federal government, health and Mental Health experts. This research had involved over 14,000 students across 70 diverse NSW schools, including research funded by The BUPA foundation. They are excited to use their research to serve schools and students across Australia.

References

*BEACON:

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**RADAR:

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